



# Occupational Therapy Referral Indicators

Complex Therapy Needs + Neuro-Rehabilitation + Reablement +  
Palliative Care + Case Management

# The 2 Minute Checklist

## **Do You Need An Occupational Therapist?**

Here is a list of referral indicators to Get Healthcare Direct's Occupational Therapy Brisbane Services.

	OT
<b>Difficulty with ADLs and IADLS</b>	
Injury, illness or disability impacts or to likely impact dressing, bathing, grooming, self feeding or toileting	✓
Decline in vision impacting ability to safely perform daily tasks / visual field neglect affecting ADL or IADL tasks or reading	✓
Recent and significant increase in confusion, memory loss, difficulty following simple directions, attention, organisation, problem solving, or safety awareness affecting ADLs	✓
Injury, illness or disability impacts or to likely impact meal preparation, medication management, shopping, laundry or financial management	✓
Complaints of dizziness or fall near misses	✓
Fall or unsteady in the shower / bathroom	✓
<b>Difficulty with Transfers</b>	
Need for adaptive equipment / home or workplace modification to improve status	✓
Requires assistance / several attempts to get out of a car, chair, toilet, bath tub, bed	✓
Changes in cognitive status requiring re-training	✓
Need for joint protection / energy conservation/ task simplification	✓
<b>Need for Care Giver Education</b>	
Caregiver training to assist with home exercise, task simplification and monitoring of rehabilitation plan	✓
Need for caregiver training with splint / brace fitting / wearing schedule	✓
<b>Difficulty Ambulating</b>	
Unsteady gait	✓
Poor posture	✓
Decreased topographical orientation	✓
Fatigue or shortness of breath walking short distances	✓
<b>Loss of Balance</b>	
Fear of falling	✓
Frequent falls or fall at work	✓
Complaints of dizziness or near misses	✓
Fall or unsteady in the shower / bathroom	✓

Po Box 1030  
Lutwyche 4030

**T 1300 783 200**

**F 1300 400 395**

OccupationalTherapyBrisbane.com.au

***APPROVED to provide services to clients covered by.....***

- ✓ DVA
- ✓ Medicare
- ✓ Private Health Insurers
- ✓ Team Care- Brisbane North

*Turn to Next Page.....*

# The 2 Minute Checklist

## Do you need an Occupational Therapist?

Take 2 minutes to scan this check list to ensure you have the Right Therapist for you and your clients

	OT
<b>Debility / De-conditioning- Need for Neuro Rehabilitation and Interventions</b>	
Weakness due to a recent illness / exacerbation of chronic illness/ palliative care	✓
Recent hospitalisation or surgery	✓
Progression of disease affecting function, mobility, endurance- overall independence	✓
Excessive fatigue / difficulty completing previously tasks	✓
Joint stiffness / loss of flexibility/ pain	✓
<b>Improve Safety Awareness</b>	
Need for modifications to support maximum participation	✓
Need for Home Safety Evaluation	✓
Low vision difficulty resulting in safety issues	✓
Carer or care team education and training in patient handling, cognitive assistance, or neuro support e.g. people affected by Parkinson's Disease	✓
<b>Need for Assistive/ Adaptive Equipment</b>	
Needs for equipment to support maximum independence	✓
Poor fitting wheelchair or unable to self propel wheelchair	✓
Requires walker or cane or seating	✓
Requires commode, tub transfer bench, reacher, etc.	✓
Requires assessment and advice for future care planning	✓
<b>Future Home Assessment</b>	
Assess the potential new home environment and provide advice on how it will fit the person over time and the likely changes to consider in order to maintain the care and lifestyle they desire.	✓
<b>Case Management</b>	
Assisting families, carers and E.P.O.A to deliver comprehensive and effective services to clients with complex and changing care and functional needs. For example this may include people affected by neurological conditions or have palliative care needs	✓

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**F 1300 400 395**

[david@gethealthcaredirect.com.au](mailto:david@gethealthcaredirect.com.au)

[OccupationalTherapyBrisbane.com.au](http://OccupationalTherapyBrisbane.com.au)

### Subsides For Patients

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**REDISCOVER  
YOUR AUTONOMY**

**RE-EXPLORE  
YOUR LIFE**

**RE-DEFINE  
YOUR PURPOSE**

**RECOVER  
YOUR HEALTH**

# Maximising Your Possibilities

**REALISE  
YOUR POTENTIAL**

**REHABILITATE  
TO YOUR BEST**

Contact Us Today

 1300 783 200

FAX Referrals 1300 400 395

 PO Box 1030 Lutwyche QLD 4030